

BALLET BOOST'S ASSOCIATE VIDEO AUDITION GUIDE



Application for Ages 8 – 10.

Video Guide can be seen through the link on the picture above.

Please show a video demonstrating:

- Pliés one side
- Développé at the barre
- Relevé / Pirouette from 5
- Small jump
- Port de Brás of choice
- Picture from the side showing the applicant in frog position laying on their back.

Please consider the level of the applicant and make changes to suit their technical ability.



Application for Ages 11 - 13.

Video Guide can be seen through the link on the picture above.

Please show a video demonstrating:

- Pliés one side
 - Développé at the barre
 - Fondu
 - Tendu/ Grande Battement in the centre
 - Releve/ Pirouette from 4th (video shows 5th please show a pirouette from 4th)
 - Small jump
 - Picture from the side showing the applicant in frog position laying on their back.
- Please consider the level of the applicant and make changes to suit their technical ability.

Applications for Ages 13+

Please create your own exercises

- Pliés one side
- Rond de Jambe one side
- Fondu
- Adage in the centre
- Tendu/ Grande Battement in the centre
- Pirouette from 4th
- Small jump
- Picture from the side showing the applicant in frog position laying on their back.

Please consider the level of the applicant and make changes to suit their technical ability.

These can be done to the music set in the videos (using the video as musical background) OR you can perform the same exercise to your own choice of music. These exercises are a guide, if you wish to film your own exercise that is also encouraged.

Ideally, film one exercise following the other in order to create a SINGLE video file, no longer than 5 minute.

Please upload your video to either YouTube or Vimeo ONLY. Please attach any necessary passwords.

CLEARLY label your submission as follows:

- **Full name of student**
- **D.o.B**
- **Current level / grade**
- **Branch applying for (London, Hull, Devon, Belfast or Stoke)**

The audition fee is **£15.00**. Please pay by bank transfer to:

Santander BALLEET BOOST 09-01-29 / 15106605

The reference should include the **students name; branch and level: M (Mid) e.g. SJonesLondonM**

Email your video (along with any necessary passwords required to access the video) to: courses@balletboost.com

The deadline for submission is: **Hull, Stoke, Belfast & Devon branches 30th of April. London Branch 10th of May**

We will notify you of the success of your application on month after the closing date as we will need to wait for all applications before making a decision. If successful, we will then send you a welcome pack and enrolment form.

IMPORTANT

Disclaimer: we realise most students will be having to dance in small spaces with less-than-ideal flooring. Therefore please take note of the following: Please ensure you clear a space for the exercises to be performed safely. We understand the dancers may only have a small space, a difficult floor surface to work on and that they haven't had access to ballet classes in a studio recently. Exercises should be filmed from the front, showing as much of the dancers body and movements as possible. If you need to slightly adapt the set exercises for the space, this is not a problem.

We look forward to receiving your applications!

If you have any questions please do not hesitate to contact us at admin@balletboost.com